



Health

Gastroesophageal Reflux Disease (Heartburn) & Dr. Frantzides' "Gentler Surgery"



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Seven million people in the United States alone suffer from Gastroesophageal Reflux Disease or GERD (U.S. Dept. of Health and Human Services). Medications can be effective in managing symptoms of reflux like heartburn, but none of the existing medications can cure the disease; especially when associated with hiatal hernia. In contrast, a procedure called Nissen fundoplication can be performed in a minimally invasive manner and is highly effective in permanently curing the disease. Dr. Frantzides is a world-renown leader in the laparoscopic management of GERD and hiatal hernia repair. He has published works in academic journals including, *The Journal of Laproendoscopic Surgery*, *Surgical Endoscopy*, the *Journal of American College of Surgeons*, and the *Journal of the Society of Laparoscopic Surgeons*. Furthermore, his study on laparoscopic hiatal hernia repair with mesh is the only long-term prospective

Dr. Frantzides is the Director of the Chicago Institute of Minimally Invasive Surgery, Director of the Minimally Invasive Fellowship Program at Evanston Northwestern Healthcare, and Professor of Surgery at Northwestern University. His experience in laparoscopic gastrointestinal surgery is one of the most extensive in the U.S.

He has traveled internationally to perform and teach laparoscopic operations. During the last 16 years, he has organized 31 laparoscopic courses through which 331 surgeons were trained in laparoscopic surgery, he has made more than 200 contributions to medical literature and has published 2 books on laparoscopic surgery. Dr. Frantzides has been the recipient of several awards and honors, as well as grants from the National Institutes of Health (NIH) and from the surgical industry. He is also credited with inventing two surgical instruments used in laparoscopic surgery. Because of his academic activities in laparoscopic surgery, as well as his surgical skills, he was given the "Achievement award for advanced laparoscopic surgery" by the American Society of General Surgery. See complete curriculum vitae for Dr. Frantzides at www.laparoscopicexperts.com.

randomized study in the world, and is published in the Archives of Surgery.

Overcoming Acid Reflux Disease-- One Patient's Success Story.

Nancy Valentine spent many years suffering with severe acid reflux disease and ulcers. She endured two surgical procedures, each providing only temporary respite, but ultimately both failing, as her symptoms continued to return. Fortunately, for Valentine, her gastroenterologist referred her to Dr. Frantzides because he is known to perform laparoscopic re-operations of failed previous procedures. From that point on, her path to recovery began. Valentine's first visit with Dr. Frantzides and his team left her feeling confident that she was in the right hands. She credits the team as being extremely helpful and interested in learning about each patient's particular situation. "Everybody really works as a team. I didn't feel like a number. I felt like they really knew about me, understood my situation and how to treat it. They took their time explaining what they were going to do and the procedure went the way they said it was going to go," she says. Valentine underwent a laparoscopic redo-Nissen fundoplication and hiatal hernia repair; a procedure performed to cure gastroesophageal reflux disease (acid reflux/heartburn) by re-creating the valve that blocks acid from entering the esophagus from the stomach. Since Valentine had undergone previous surgeries, adhesions had developed; complicating the procedure. "The surgery was much more complex than I thought it was going to be, but they stuck with the laparoscopic approach and got it done without doing anything more invasive," she says. "I was back to work in a week." Valentine had her surgery on May 23rd and, months later, is still feeling great. "I would absolutely recommend seeing Dr. Frantzides! He is extremely knowledgeable, takes personal interest in his patients, and he knows what he's doing. I thank my lucky stars that I was referred to Dr. Frantzides. There's no trading the way I feel now to the way I felt before."



Nancy Valentine

Laparoscopic Procedures Performed by Dr. Frantzides

BARIATRIC SURGERY

Laparoscopic Gastric Bypass (Weight loss surgery)

COLON/RECTUM/SMALL INTESTINE

Laparoscopic Enterectomy (Resection of small bowel)
Laparoscopic Ileocectomy (Resection of small intestine and cecum)
Laparoscopic Colectomy
Laparoscopic Low Anterior Resection of the rectosigmoid colon
Laparoscopic Abdominoperineal Resection
Laparoscopic Total Proctocolectomy
Laparoscopic Rectopexy
Laparoscopic Appendectomy

ESOPHAGUS

Laparoscopic Fundoplication (Gastroesophageal Reflux Surgery)
Laparoscopic Hiatal Hernia Repair with or without mesh
Laparoscopic Esophagomyotomy (Heller Myotomy - For the treatment of Achalasia)
Laparoscopic Esophagectomy
Laparoscopic Transgastric Esophageal Mucosal Resection (For the treatment of severe dysplasia)

Hernia

Laparoscopic Inguinal Hernia Repair
Laparoscopic Ventral/Incisional Hernia Repair
Laparoscopic Femoral Hernia Repair
Laparoscopic Diaphragmatic Hernia Repair (Congenital or Traumatic)

Kidney/Adrenal

Laparoscopic Nephrectomy (Kidney removal)
Laparoscopic Donor Nephrectomy
Laparoscopic Adrenalectomy

LIVER/BILE DUCTS/GALLBLADDER

Laparoscopic Cholecystectomy (Removal of the gall bladder)
Laparoscopic Common Bile Duct Exploration
Laparoscopic Liver Biopsy
Laparoscopic Hepatectomy (Removal of a segment of the liver)
Laparoscopic Liver Cyst Drainage/Removal
Laparoscopic Radiofrequency Ablation of Liver Tumors

Pancreas

Laparoscopic Pancreatectomy (Resection of a segment of pancreas for benign/malignant disease)
Laparoscopic Pseudocystojejunostomy/
Pseudocystogastrostomy (Drainage of Pancreatic Cyst)

SPINE

Laparoscopic Anterior Spinal Fusion

SPLEEN

Laparoscopic Splenectomy

STOMACH

Laparoscopic Highly Selective Vagotomy (For treatment of duodenal ulcers)
Laparoscopic Truncal Vagotomy and Pyloroplasty
Laparoscopic Gastrectomy Partial/Total (Resection for benign and malignant disease)
Laparoscopic Gastrojejunostomy
Laparoscopic Gastrostomy

OTHER

Diagnostic Laparoscopy
Laparoscopic Peritoneal Dialysis Catheter Placement
Laparoscopic Mesenteric/Retroperitoneal Lymph Node biopsy
Laparoscopic Omental Flap



For more information visit:

www.cimis.info

To Make an appointment Please call:

847-676-2200