# Dr. Frantzides and *"The Gentler Surgery*<sup>™</sup>" on Treating Diverticulitis



y name is Maria Doumas and my problems started 45 years ago. I had been having recurring abdominal pain and was diagnosed with constipation and bloating. I was treated with high

fiber diet modifications, and over the counter laxatives. For so long I had suffered tremendously and it compromised my life in many different ways.

In 2006 while in Europe on vacation, I suffered severe abdominal pain and a fever. I immediately saw a doctor who diagnosed me with a "nervous stomach". When I came back to the United States, I remembered that my husband, a professor at the Medical Collage of Wisconsin, knew Dr. Frantzides, a highly respected, cutting edge Laparoscopic surgeon. Dr. Frantzides recommended that I have a colonoscopy and a CT scan of the abdomen right away.

The colonoscopy showed that I had severe diverticulitis of the colon, and because of the recurring attacks, I had a stricture that was so severe that it required the gastroenterologist to use a pediatric colonoscope. The gastroenterologist gave me no other option but surgery, and though I live in Milwaukee, I did not hesitate when choosing to travel to Chicago to have Dr. Frantzides remove my sigmoid colon laparoscopically.

When I met with Dr. Frantzides he was so confident, compassionate and reassuring. My surgery was done July 2006 and this charismatic man managed to do my surgery through four little punctures on my abdomen. I stayed in the hospital for only two days and returned to Milwaukee. My recovery was better than expected; I have never experienced since, any intestinal problems, and the little punctures are hardly visible. One month after my surgery I was back in Europe, and for the first time in my life my vacation felt like a vacation. For more information on, or to schedule a consultation with Dr. Frantzides and the Chicago Institute of Minimally Invasive Surgery please visit www.cimis.info or call 847-676-2200

Constantine Frantzides, M.D., Ph.D., F.A.C.S., is the Director of the Minimally Invasive Surgery fellowship program at St. Francis Hospital, Professor of Surgery at Northwestern University and Director of The Chicago Institute of Minimally Invasive Surgey. During the last 16 years, he has organized 31 laparoscopic courses through which 331 surgeons were trained in laparoscopic surgery, he has made more than 200 contributions to medical literature, has published 2 books on laparoscopic surgery, and continues to receive honors and awards for excellence in his field. See a complete curriculum vitae for Dr. Frantzides at www.laparoscopicexperts.com.



# Laparoscopic Procedures Performed by Dr. Frantzides

BARIATRIC SURGERY Laparoscopic Gastric Bypass (Weight loss surgery)

#### COLON/RECTUM/SMALL INTESTINE

Laparoscopic Enterectomy (Resection of small bowel) Laparoscopic Ileocecectomy

(Resection of small intestine and cecum) Laparoscopic Colectomy Laparoscopic Low Anterior Resection of the rectosigmoid colon Laparoscopic Abdominoperineal Resection

Laparoscopic Total Proctocolectomy

Laparoscopic Rectopexy

Laparoscopic Appendectomy

#### **ESOPHAGUS**

Laparoscopic Fundoplication (Gastroesophagea Reflux Surgery)

Laparoscopic Hiatal Hernia Repair

Laparoscopic Esophagomyotomy (Heller Myotomy - for the treatment of Achalasia)

Laparoscopic Esophagectomy

Laparoscopic Transgastric Esophageal Mucosal Resection (For the treatment of severe dysplasia)

#### **HERNIA**

Laparoscopic Inguinal Hernia Repair

Laparoscopic Ventral/Incisional Hernia Repair

Laparoscopic Femoral Hernia Repair

Laparoscopic Diaphragmatic Hernia Repair (Congenital or Traumatic)

# **KIDNEY/ADRENAL**

Laparoscopic Nephrectomy (Kidney removal) Laparoscopic Donor Nephrectomy Laparoscopic Adrenalectomy

### LIVER/BILE DUCTS/GALLBLADDER

Laparoscopic Cholecystectomy (Removal of the gall bladder)

Laparoscopic Common Bile Duct Exploration Laparoscopic Liver Biopsy

Laparoscopic Hepatectomy (Removal of a segment of the liver)

Laparoscopic Liver Cyst Drainage/Removal Laparoscopic Radiofrequency Ablation of Liver Tumors

### PANCREAS

Laparoscopic Pancreatectomy (Resection of a segment of pancreas for benign/malignant disease) Laparoscopic Pseudocystojejunostomy/ Pseudocystogastrostomy (Drainage of Pancreatic Cyst)

### SPINE

Laparoscopic Anterior Spinal Fusion

### **SPLEEN**

Laparoscopic Splenectomy

### **STOMACH**

Laparoscopic Highly Selective Vagotomy (For treatment of duodenal ulcers) Laparoscopic Truncal Vagotomy and Pyloroplasty

Laparoscopic Gastrectomy Partial/Total (Resection for benign and malignant disease) Laparoscopic Gastrojejunostomy

Laparoscopic Gastrostomy

# OTHER

Diagnostic Laparoscopy Laparoscopic Peritoneal Dialysis Catheter Placement Laparoscopic Mesenteric/Retroperitoneal Lymph Node biopsy Laparoscopic Omental Flap